

SAVING LIVES WITH SONGS



YOUR WORDS YOUR STORY YOUR SONG

Music Therapy Retreats helps people with trauma find healing through music therapy.

Our songwriting workshops are designed to educate, address and alleviate the symptoms of trauma. We utilize an evidence-based whole brain approach, allowing participants to reframe the way in which they view their experiences and memories.

Through our retreats, lives are being transformed not only for the participants, but their families, care partners and community.

**WE WILL BE AT
MICHELLE'S PLACE
ON JUNE 30 - JULY 1, 2026**



Music Therapy Retreats

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I really cannot thank you enough for the Music Therapy Retreat experience. It was life-changing. I sing our song every single day. It represents healing and growth. I could say thank you everyday and I don't feel like I would be expressing my gratitude sufficiently.

- Bethany, retreat participant

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Mack Bailey, MT-BC, is an award-winning singer-songwriter and founder of Music Therapy Retreats. Mack has personally utilized songwriting to process trauma, and is passionate about helping his clients do the same. Mack leads these songwriting sessions with authenticity, teaching others how to apply his unique framework in their own lives, creating a ripple effect of healing throughout the country.



CALL OR
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LEARN MORE!



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